

2016 SPRINGDALE HIGH SCHOOL HEALTH & NUTRITION

*Results based on recent survey of Springdale High School Students Grades 10-12



FOOD INSECURITY

27% of students reported MODERATE to HIGH food insecurity.



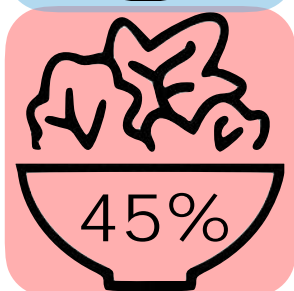
BEVERAGE CONSUMPTION

25% of students reported drinking soda FOUR or more times per week.



MOVEMENT & EXERCISE

40% of students reported NO exercise in the past week, including movement that leads to shortness of breath.



VEGETABLE CONSUMPTION

45% of students reported eating NO green salad in the past week.



WEIGHT STATUS

39% of students are considered OVERWEIGHT or OBESE based on BMI calculations.

